

Reading Patient Voice Group Draft Minutes

Thames Valley Integrated Care System
Reading locality

Treasurer: Jill Lake Information Officer: Tom Lake
Membership Officer: Tom Lake Data Officer: Francis Brown

1 Welcome and Apologies

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|-----------|---|--|--|
| Date | 15th April 2026 | | |
| Location | Committee Room 1, Civic Offices, Reading & online | | |
| Present | Kamal Bahia, BOB ICB Jill Lake, Pembroke Surgery Cathy Cousins, Pembroke Surgery John Walford, University Health Group David Penson, Emmer Green Geoffrey Million, Balmore Park David Cooper, University Health Centre Tom Lake, Pembroke Surgery Francis Brown, Balmore Park Sunila Lobo, University Health Centre Phil Lowry, University Health Centre Monica Charles, Shinfield and South Reading Monica Charles, Shinfield and South Reading John Walker, University Medical Centre Sarah ?, Emmer Green | | |
| Apologies | Jill Lake, Pembroke Surgery Raymond Emmet, Catherine Mustill, Emmer Green Paul Williams, University Health Centre Libby Stroud, Pembroke Alan Porton | | |

2 Activities

2.1 Action Log

| No. | Action | Date | Who | Status |
|-----|--|--------|----------------------------|-----------------------|
| 3 | Follow up problem with audibility of calling of names in A&E waiting room | 24oc16 | Sunila Lobo | Formal question posed |
| 7 | Explain the GP Improvements Programme | 25sp24 | Alice Kunnjappy-Clifton | pending |
| 8 | Is Johns Hopkins same as Frailty index? | 25oc15 | Catherine Mustill | pending |
| 9 | Carry out analyses of patient experience measures at corporate GP practices, trust-run GP practices and IHO-run GP practices | 25oc15 | Francis Brown | pending |
| 10 | Contact Reading Public Health about patient experience measures at GP practices | 25oc15 | Tom Lake and Francis Brown | pending |
| 11 | Update on RBH Patient Portal | 26mr18 | Catherine Mustill | pending |

2.2 Suggested Meeting Topics

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|----|--|--------|-----------|
| 1 | How does a GP practice work? | 24oc16 | In survey |
| 2 | Resuscitation, DNACPR, choices and forms | 24oc16 | In survey |
| 3 | Hydrotherapy - how did we get to this? | 24oc16 | In survey |
| 4 | Weight management - drugs and lifestyle | 24oc16 | In survey |
| 5 | NHS 10-year plan | 24oc16 | In survey |
| 7 | Meet Matt Rodda MP | 24oc16 | In survey |
| 8 | Diabetes including social aspects | 25fe19 | In survey |
| 9 | Virtual Wards | 25fe21 | In survey |
| 10 | Johns Hopkins model for classifying patients | 25fe21 | Pending |
| 11 | Process Improvement at RBH | 25fe21 | Pending |

3 The ReSPECT form and DNACPR

Petronelle Eastwick-Field addressed the group on this topic. Please see her slides (which are available on the RPVG website) for fuller details.

DNACPR is an acronym for "Do Not Attempt Cardio-Pulmonary Resuscitation".

Cardio-Pulmonary Resuscitation is the process of restarting the heart after a cardiac arrest by rhythmic pressure while forcing air into the lungs (as in mouth-to-mouth resuscitation).

The process can be necessarily violent and is only successful in a minority of cases, with success rates diminishing with increasing frailty.

The ReSPECT form, as used at the Royal Berkshire Hospital is a form completed by the responsible consultant, which records a conversation with the patient and the agreed conclusion as to emergency treatment, especially in the case of cardiac arrest. The form was designed by, and is available from the Resuscitation Council UK Resuscitation Council UK website.

The ReSPECT form is used in cases where the patient has complex needs, frailty or is judged to be near end of life.

Once completed the form can stay with the patient, be kept at home (e.g.in the fridge) and be taken with them to hospital.

A patient who thinks they may be having such a conversation can obtain a blank form from the above website ahead of time and fill in the parts relating to their own wishes and situation in order to facilitate the conversation.

There was a lively discussion.

David Cooper thanked Petronelle Eastwick-Field on behalf of the group for a very informative and useful talk.